

**ATTENTION:** Mental Health Workers, Wellness Caregivers, Youth Workers, School Counsellors, Human Resources Department, Secondary School Educators, All Interested Individuals and Groups

# Grief Edu-Therapy™ Certification Training



**Help yourself. Help others. Help your community.**

Learn the specific skills necessary to deal with relationship conflicts at home and in the workplace. Help your Community deal with the losses that negatively affect us all.

## 2019 SPRING/SUMMER WORKSHOP DATES

- Moncton, NB: June 3-6
- Timmins, ON: August 13-16
- Edmonton, AB: June 14-17
- Saskatoon, SK: August 16-19
- Winnipeg, MB: June 21-24

## WE PROVIDE PRIVATE TRAINING!

Private Dates available  
in Fall 2019.

We also offer travel credits.  
Please call for details.

**Edu-Therapy™ is a Cognitive Behavioral Process for healing grieving hearts due to:**  
Colonization · Residential Schools · Intergenerational Loss and Trauma · Loss of Family, Parents, Siblings, Children & Friends

You will learn:

- Dysfunctional ways people mishandle grief and the intergenerational effect on Communities
- Emotional damage of rationalization and intellectualization
- Education, awareness, and action with unique experiential exercises to create a training experience that is both educational and personally rewarding
- Why Denial, Anger, Bargaining, Depression & Acceptance Models are the wrong approach
- Effective and proper techniques for identifying and resolving loss and relationship conflicts
- Edu-Therapy™ Process formats for individual and group work
- How to expand your caregiving agency using Edu-Therapy™
- How to resolve cumulative unresolved issues, such as Post Traumatic Syndrome, the Residential School Experience, abuse and trauma, etc.
- How to deal with what is known, and not known - when a loved one goes missing (Ambiguous Loss)

### Who Should Attend:

- Mental Health Professionals
- Clergy
- Professional Educators
- Substance Abuse Counselors
- Frontline Workers and First Responders
- Social and Family Services
- Coaching Professionals
- Funeral and Cemetery Professionals
- Individuals whose life have been altered by loss

For more information or to register, please contact Eric or Kelly:

# GoToRegister.ca/Grief

Toll Free: 1-866-476-0209 | Fax: 1-866-430-8296 | Email: [Grief@GoToRegister.ca](mailto:Grief@GoToRegister.ca)

## SPECIAL SAVINGS!

- 10% off** 60-day advanced registration
- 20% off** Group or Treatment Team registration
- 50% off** Current certified individuals wishing to refresh their skills



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