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# Grief Edu-Therapy™ Training Programs

Help yourself. Help others. Help your community.

Learn the specific skills necessary to deal with relationship conflicts at home and in the workplace. Help your Community deal with the losses that negatively affect us all.

PRIVATE PROGRAMS AVAILABLE!

Call for details.



Canadian owned and operated

## 2019 SPRING/SUMMER WORKSHOP DATES

- Toronto, ON: March 29–April 1
- Saskatoon, SK: April 12–15
- Sudbury, ON: May 7–10
- Moncton, NB: June 3–6
- Edmonton, AB: June 14–17
- Winnipeg, MB: June 21–24
- Timmins, ON: August 13–16
- Saskatoon, SK: August 16–19

Can't find a program in your province that works with your schedule? Ask about travel credits to attend a program that fits with your schedule.

Edu-Therapy™ is a Cognitive Behavioral Process for healing grieving hearts due to:  
Colonization · Residential Schools · Intergenerational Loss and Trauma · Loss of Family, Parents, Siblings, Children & Friends

### You will learn:

- Dysfunctional ways people mishandle grief and the intergenerational effect on Communities
- Emotional damage of rationalization and intellectualization
- Education, awareness, and action with unique experiential exercises to create a training experience that is both educational and personally rewarding
- Why Denial, Anger, Bargaining, Depression and Acceptance Models are the wrong approach for grievers
- Effective and proper techniques for identifying and resolving loss and relationship conflicts
- Edu-Therapy™ Process formats for individual and group work
- How to expand your caregiving agency using Edu-Therapy™
- How to resolve cumulative unresolved issues, such as Post Traumatic Syndrome, the Residential School Experience, abuse and trauma, etc.
- How to deal with what is known, and what is not known - when a loved one goes missing (Ambiguous Loss)

### WHO SHOULD ATTEND

- Mental Health Workers
- Wellness Caregivers
- Youth Workers
- Human Resources Department
- Secondary School Educators
- School Counsellors
- All Interested Individuals and Groups

For more information or to register, contact Eric or Kelly at Edu-Therapy™ Solutions:

[www.GoToRegister.ca/Grief](http://www.GoToRegister.ca/Grief)

Toll Free: 1-866-476-0209 | Fax: 1-866-430-8296 | Email: [Grief@GoToRegister.ca](mailto:Grief@GoToRegister.ca)

### SPECIAL SAVINGS!

- 10% off** with 60-day advanced registration
- 20% off** by registering a group or Treatment Team
- 50% off** for current certified individuals wishing to refresh their skills



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