

# Edu-Therapy™ Solutions

Grief – the Negative Emotional Impact often created by Relationship Conflicts and Loss



*Take some time for “SELF CARE” and learn the specifics skills necessary to deal with relationship conflicts at home and in the workplace. Help your Community deal with the losses that negatively affect us all.*

## NEW 2017 TRAINING DATES

- Regina, SK: Jan. 20-23, 2017
- Edmonton, AB: Feb. 10-13, 2017
- Winnipeg, MB: Feb. 10-13, 2017
- Toronto, ON: Mar. 3-6, 2017
- Saskatoon, SK: Mar. 17-20, 2017
- Vancouver, BC: Apr. 7-10, 2017



Grief and the conflicting emotions caused by loss are cumulative and most often have a growing negative effect on our ability to participate in life. The primary goal of Edu-Therapy™ is to give people a solution to the pain, and focus on a solution-oriented process to rediscover their ability to fully experience and participate in their lives. Edu-Therapy™ effectively eliminates the griever's sense of isolation, by actively engaging them in emotionally helpful and liberating exercises. The Grief Edu-Therapy Certification is a unique training program that teaches the specific tools to eliminate the emotional pain caused by loss of any type. For over 35 years, the care giving team at Edu-Therapy Solutions have been helping grievers rid themselves of the conflicting emotions and the overwhelming pain as the result of cumulative unresolved losses. Our commitment to research and evidence-based solutions goes far beyond the short term “feel good” workshops, giving participants the ability to help themselves and help their community.

### You will learn:

- Dysfunctional ways people mishandle grief and it's intergenerational effect on Communities
- Emotional damage of rationalization and intellectualization
- Why Denial, Anger, Bargaining, Depression and Acceptance Models are the wrong approach for grievers
- Learn proper techniques for identifying and resolving loss and relationship conflicts
- Edu-Therapy™ Process formats for individual and group work
- How to expand your caregiving agency using the Edu-Therapy™ Process
- How to resolve cumulative unresolved issues such as PTSD and the Residential School Experience, abuse and trauma

- Humans grieve loss or change of anything held significant
- Grief is not reserved for death related losses; nor is it an illness or mental disorder
- Grief is an emotional experience that does not follow stages or a timeline, and does not simply go away with time
- It's the actions within time that reduce and eliminate pain
- Grief happens in many forms and has great potential to create emotional energy and negatively effect your life and those around you:
  - Death of a loved one
  - Ending of a relationship
  - Suicide of someone close
  - Adoption or foster care
  - Loss of culture
  - Change in career, finances or social status
  - Loss of health, trust and safety

**Register today! Programs fill up quickly.**

For more information or to register:

Toll Free: 1-866-476-0209

Fax: 1-866-430-8296

Email: [Grief@GoToRegister.ca](mailto:Grief@GoToRegister.ca)

Web: [www.GoToRegister.ca/Grief](http://www.GoToRegister.ca/Grief)

Are you already a Certified Edu-Therapy™ Specialist and want to refresh your skills? **Register now and SAVE 50%**

**Edu-Therapy™ Solutions**

*A Cognitive Behavioral Process for healing grieving hearts*

**For details or to register: [www.GoToRegister.ca/Grief](http://www.GoToRegister.ca/Grief)**